

(TMI Newsletter – August 22, 2012)

GEMS FROM TMI'S ARCHIVES

TMI's archives are full of treasures, some tucked away and invisible to the casual eye.

"In Joy Every Day," a gem from the Gift Notes series, illuminates the simple, powerful experience of joy inspired by an exercise in a Monroe Institute program.



[In Joy Every Day](#)

(See the link to this video in the notes section below)